Saturday, July 1, 2023

Canada Day Midland

Date and Time: Saturday, July 1 10:30 am - 4:00 pm

Address: Little Lake Park, Midland

Celebrate Canada Day in Little Lake Park in Midland on July 1st from 10:30am - 4:00 pm. There are tons of fun things t o see and do at Little Lake Park on Canada Day. There will be arts and crafts, laser tag, antique car displays, food and ice cream trucks, airbounces and carnival events, we have live music, a 50/50 raffle, and a great line-up of entertainment for all to enjoy! Check out our website for a full list of activities.

Tuesday, July 4, 2023

Free Exercise Program 55+

Date and Time: Tuesday, July 4 9:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strengt h, balance, endurance, flexibility and mobility

WHERE: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

WHEN: Tuesday's and Thursday's @9:30am

WHO: Adults 55+

COST: FREE!

Please bring:

- ✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle
- ✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Thursday, July 6, 2023

Free Exercise Program 55+

Date and Time: Thursday, July 6 9:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strengt h, balance, endurance, flexibility and mobility

WHERE: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

WHEN: Tuesday's and Thursday's @9:30am

WHO: Adults 55+

COST: FREE!

Please bring:

- ✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle
- ✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Free Exercise Program 55+

Date and Time: Thursday, July 6 10:00 am - 11:00 am

Address: 290 Park St Victoria Harbour ON

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strengt h, balance, endurance, flexibility and mobility

WHERE: Oakwood Community Centre, 290 Park St Victoria Harbour

WHEN: Thursday's @10:00am, starting September 22nd

WHO: Adults 55+

COST: FREE!

Please bring:

- ✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle
- ✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Tay Township Public Library - Mahjong for Beginners

Date and Time: Thursday, July 6 1:00 pm - 3:00 pm

Address: Victoria Harbour Branch - 145 Albert St. Victoria Harbour

Thursdays, 1 pm, Victoria Harbour Branch

Mahjong is a tile-based game that was developed in the 19th century in China and has spread throughout the world since the early 20th century.

It is played by four players and a set of 144 tiles based on Chinese characters and symbols. Please call ahead to make sure we have a spot for you!

Saturday, July 8, 2023

Kids' Fishing Derby

Date and Time: Saturday, July 8 9:30 am - 2:00 pm

Address: Albert Street Dock, Victoria Harbour

Reminder that Municipal Boat Launch located at 91 Albert Street will be closed to the public for this event. Saturday Jul y 8 from 6am to 4pm. Please note that the event rain date with boat launch closure will be Sunday July 9, 2023. For alter nate locations to launch your boat locally please visit <u>tay.ca/boatlaunch</u>.





It's Family Fishing Week! No licence required!

Sunday, July 9, 2023

Legion Pancake Breakfast

Date and Time: Sunday, July 9 9:00 am - 12:00 pm

Address: Victoria Harbour Legion (134 William Street, Victoria Harbour)

Everyone welcome!



Pancakes or French Toast with Bacon or Sausage, Juice, Tea or Coffee

Adults only \$8, Children \$5

Tuesday, July 11, 2023

Free Exercise Program 55+

Date and Time: Tuesday, July 11 9:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strengt h, balance, endurance, flexibility and mobility

WHERE: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

WHEN: Tuesday's and Thursday's @9:30am

WHO: Adults 55+

COST: FREE!

Please bring:

✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle

✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Thursday, July 13, 2023

Free Exercise Program 55+

Date and Time: Thursday, July 13 9:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strengt h, balance, endurance, flexibility and mobility

WHERE: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

WHEN: Tuesday's and Thursday's @9:30am

WHO: Adults 55+

COST: FREE!

Please bring:

- ✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle
- ✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Free Exercise Program 55+

Date and Time: Thursday, July 13 10:00 am - 11:00 am

Address: 290 Park St Victoria Harbour ON

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strengt h, balance, endurance, flexibility and mobility

WHERE: Oakwood Community Centre, 290 Park St Victoria Harbour

WHEN: Thursday's @10:00am, starting September 22nd

WHO: Adults 55+

COST: FREE!

Please bring:

- ✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle
- ✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Tay Township Public Library - Mahjong for Beginners

Date and Time: Thursday, July 13 1:00 pm - 3:00 pm

Address: Victoria Harbour Branch - 145 Albert St. Victoria Harbour

Thursdays, 1 pm, Victoria Harbour Branch

Mahjong is a tile-based game that was developed in the 19th century in China and has spread throughout the world since the early 20th century.

It is played by four players and a set of 144 tiles based on Chinese characters and symbols. Please call ahead to make sure we have a spot for you!

Tuesday, July 18, 2023

Free Exercise Program 55+

Date and Time: Tuesday, July 18 9:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strengt h, balance, endurance, flexibility and mobility

WHERE: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

WHEN: Tuesday's and Thursday's @9:30am

WHO: Adults 55+

COST: FREE!

Please bring:

- ✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle
- ✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Seniors Health and Wellness Picnic

Date and Time: Tuesday, July 18 12:00 pm - 3:00 pm

Address: Tay Rink (560 Calvert Street, Port McNicoll)



Tay Township Seniors Advisory Committee Presents

SENIORS HEALTH & WELLNESS PICNIC

Just for SENIORS!

Join us on Tuesday, July 18th from 12 pm - 3 pm at the Tay Rink - 560 Calvert St, Port McNicoll

for a Vendor Fair, Community Demos, Guest Speakers, Live Music, and More! Please RSVP to clerk@tay.ca by Monday, July 10th at 12 pm



Join Tay Township's Seniors Advisory Committee on Tuesday, July 18th starting at noon for the SENIORS HEALTH & WELLNESS PICNIC!

There will be vendors, community demos, guest speakers, live music and a FREE LUNCH!

Please RSVP to clerk@tay.ca by Monday, July 10th at 12 pm

If you require assistance with transprtation, please email <u>clerk@tay.ca</u> or call 705-534-7248 ext229 by Monday, July 10t h at 12 pm

Thursday, July 20, 2023

Free Exercise Program 55+

Date and Time: Thursday, July 20 9:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strengt h, balance, endurance, flexibility and mobility

WHERE: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

WHEN: Tuesday's and Thursday's @9:30am

WHO: Adults 55+

COST: FREE!

Please bring:

✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle

✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Free Exercise Program 55+

Date and Time: Thursday, July 20 10:00 am - 11:00 am

Address: 290 Park St Victoria Harbour ON

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strengt h, balance, endurance, flexibility and mobility

WHERE: Oakwood Community Centre, 290 Park St Victoria Harbour

WHEN: Thursday's @10:00am, starting September 22nd

WHO: Adults 55+

COST: FREE!

Please bring:

✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle

✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Tay Township Public Library - Mahjong for Beginners

Date and Time: Thursday, July 20 1:00 pm - 3:00 pm

Address: Victoria Harbour Branch - 145 Albert St. Victoria Harbour

Thursdays, 1 pm, Victoria Harbour Branch

Mahjong is a tile-based game that was developed in the 19th century in China and has spread throughout the world since the early 20th century.

It is played by four players and a set of 144 tiles based on Chinese characters and symbols. Please call ahead to make sure we have a spot for you!

Saturday, July 22, 2023

Tay Township Public Library - Make a Bee Kind Candle Holder

Date and Time: Saturday, July 22 1:00 pm - 2:00 pm

Address: Victoria Harbour Branch - 145 Albert St. Victoria Harbour

Decorate a wine glass like a bee hive for a fun piece of summer decor. Register today to save your spot. Ages 12+, adults too! Call your branch or email us to register.

Tuesday, July 25, 2023

Free Exercise Program 55+

Date and Time: Tuesday, July 25 9:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strengt h, balance, endurance, flexibility and mobility

WHERE: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

WHEN: Tuesday's and Thursday's @9:30am

WHO: Adults 55+

COST: FREE!

Please bring:

✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle

✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Wednesday, July 26, 2023

Penetang Blood Donation Event

Date and Time: Wednesday, July 26 3:30 pm - 7:30 pm

Address: Penetanguishene Legion - 2 Poyntz Street, Penetanguishene, ON L9M 1M2

Across Canada, thousands more new and existing blood donors are needed to fill every open appointment from now thro ugh the end of summer to ensure there is an acceptable level of blood products to meet ongoing patient needs. We encour age donors to book and keep their appointments or look for appointments that are open today. Same day and open appoin tment spots are often available at donation events. Book now at blood.ca.

Thursday, July 27, 2023

Georgian Bay Forever - Community Cuts

Date and Time: Thursday, July 27 9:00 am - 5:00 pm

Address: 3 Pine St, Waubaushene, ON L0K 2C0

Georgian Bay Forever is hosting Community Cuts -

Where: Waubaushene Dock/Park area at the end of Pine Street

When: Thursday July 27th at 9am

What to expect: Equipment will be provided, but it is recommended that volunteers bring gloves, waders and/or water s hoes for working in the water, along with water to drink, sunscreen, hat, bugspray and whatever else needed for working outdoors.

Please **RSVP** to by emailing: <u>nicole.carpenter@gbf.org</u> or on the GBF website: <u>https://www.georgianbayforever.org/ev</u> <u>ents</u>

Free Exercise Program 55+

Date and Time: Thursday, July 27 9:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strengt h, balance, endurance, flexibility and mobility

WHERE: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

WHEN: Tuesday's and Thursday's @9:30am

WHO: Adults 55+

COST: FREE!

Please bring:

- ✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle
- ✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Free Exercise Program 55+

Date and Time: Thursday, July 27 10:00 am - 11:00 am

Address: 290 Park St Victoria Harbour ON

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strengt h, balance, endurance, flexibility and mobility

WHERE: Oakwood Community Centre, 290 Park St Victoria Harbour

WHEN: Thursday's @10:00am, starting September 22nd

WHO: Adults 55+

COST: FREE!

Please bring:

- ✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle
- ✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Tay Township Public Library - Mahjong for Beginners

Date and Time: Thursday, July 27 1:00 pm - 3:00 pm

Address: Victoria Harbour Branch - 145 Albert St. Victoria Harbour

Thursdays, 1 pm, Victoria Harbour Branch

Mahjong is a tile-based game that was developed in the 19th century in China and has spread throughout the world since the early 20th century.

It is played by four players and a set of 144 tiles based on Chinese characters and symbols. Please call ahead to make sure we have a spot for you!

Friday, July 28, 2023

Fierté Simcoe Pride Flag Raising

Date and Time: Friday, July 28 10:00 am - 10:30 am

Address: 450 Park Street Victoria Harbour, ON

Please join Fierté Simcoe Pride for a flag raising with Tay Township.

Fierté Simcoe Pride 2023 ~ "In Safety and Solidarity"

When: Friday July 28, 2023

Time: 10:00 a.m.

Where: Outside the Municipal Office, 450 Park Street Victoria Harbour

Fierté Simcoe Pride 2023 Flag Raising

Date and Time: Friday, July 28 10:00 am - 10:30 am

Address: 450 Park Street, Victoria Harbour

Please join us and <u>Fierté Simcoe Pride</u> as we gather for a flag-raising in celebration of diversity, to raise awareness, and p romote equality.

Friday, July 28, 2023 | 10:00 a.m. | Outside the Municipal Office

Legion Fish Fry

Date and Time: Friday, July 28 4:00 pm - 7:00 pm

Address: Victoria Harbour Legion (134 William Street, Victoria Harbour)



Everyone welcome!

\$15 per plate with french fries

\$20 for two pieces of fish with french fries

https://events.tay.ca