

Saturday, April 1, 2023

Midland Blood Donation Event

Date and Time: Saturday, April 1 10:30 am - 2:30 pm

Address: 333 King Street, Midland

We encourage donors to book and keep their appointments or look for appointments that are open today. Same day and open appointment spots are often available at donation events. Book now at blood.ca.

The Port McNicoll Youth Activity Group Easter Event

Date and Time: Saturday, April 1 1:00 pm - 3:30 pm

Address: Port McNicoll Community Centre - 560 Seventh Ave, Port McNicoll ON L0K1R0





There will be games, popcorn, hot chocolate, coloring, music and pictures with the Easter Bunny (bring your cameras)

Tuesday, April 4, 2023

Free Exercise Program 55+

Date and Time: Tuesday, April 4 9:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strength, balance, endurance, flexibility and mobility

WHERE: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

WHEN: Tuesday's and Thursday's @9:30am

WHO: Adults 55+

COST: FREE!

Please bring:

- ✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle
- ✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Tay Township Public Library - EarlyON Storytime

Date and Time: Tuesday, April 4 10:30 am - 11:00 am

Address: Victoria Harbour Branch - 145 Albert St. Victoria Harbour

Join library staff for books and songs. This program runs Tuesdays at 10:30 am during EarlyON's Stay, Play and Learn. For ages 0-6.

Pre-registration required through the EarlyON Simcoe North website.

<https://www.earlyonsimcoenorth.ca/>

Tay Township Public Library - Port McNicoll Game Night

Date and Time: Tuesday, April 4 5:30 pm - 7:00 pm

Address: J & M Young Library Port McNicoll Branch 715 4th Ave, Port McNicoll


Join us for Game Night in the Port McNicoll Branch on Tuesdays with video games, board games and (weather Permitting) even some outdoor play! Great for all ages.

Wednesday, April 5, 2023


Pop-Up COVID-19 Vaccine Clinic at Tay Township Public Library

Date and Time: Wednesday, April 5 11:00 am - 3:30 pm

Address: Tay Township Public Library- 145 Albert St. Victoria Harbour



POP-UP COVID-19 VACCINE CLINICS at Tay Township Public Library




**VICTORIA HARBOUR
THEO & ELAINE BERNARD BRANCH**
145 Albert St., Victoria Harbour

Wednesday
APRIL 5TH
11:00 AM - 3:30 PM

PRIMARY DOSES AVAILABLE FOR ELIGIBLE PEOPLE 6 MONTHS+
BOOSTER DOSES AVAILABLE FOR ELIGIBLE PEOPLE 5 YEARS+

smdhu.org/getvaccinated



Thursday, April 6, 2023

Free Exercise Program 55+

Date and Time: Thursday, April 6 9:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strength, balance, endurance, flexibility and mobility

WHERE: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

WHEN: Tuesday's and Thursday's @9:30am

WHO: Adults 55+

COST: FREE!

Please bring:

✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle

✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Free Exercise Program 55+

Date and Time: Thursday, April 6 10:00 am - 11:00 am

Address: 290 Park St Victoria Harbour ON

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strength, balance, endurance, flexibility and mobility

WHERE: Oakwood Community Centre, 290 Park St Victoria Harbour

WHEN: Thursday's @10:00am, starting September 22nd

WHO: Adults 55+

COST: FREE!

Please bring:

✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle

✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Tay Township Public Library - Waubaushene Game Night

Date and Time: Thursday, April 6 5:30 pm - 7:00 pm

Address: Waubaushene Branch - 17 Thiffault St. Waubaushene

Join us for Game Night in the Waubaushene Branch every Thursday for video games, board games and (weather Permitting) even some outdoor play!

Great for all ages.

Saturday, April 8, 2023

Victoria Harbour & District Lions - 10th Annual Easter Egg Hunt

Date and Time: Saturday, April 8 10:00 am - 12:00 pm

Address: Oakwood Community Centre (290 Park Street, Victoria Harbour)



**EVERYONE
WELCOME**

Victoria Harbour and District Lions
Presents the
10th Annual Easter Egg Hunt
Saturday 8th April 2023
Oakwood Park (290 Park Street)



Face Painting commences at 10:00am, The Easter Bunny will arrive at 10:15am courtesy of the Tay Township Fire Department, and the **Easter Egg Hunt starts at 11:00am**. Come early and bring your Camera, so you can take your picture with the
EASTER BUNNY!

The Easter Egg Hunt will be followed by **CHOCOLATE, SNACKS and HOT CHOCOLATE** for the Kids at the **Oakwood Community Centre** most graciously supported & donated by the **Ladies Auxiliary, Legion Branch 523**



HAPPY EASTER!

Tay Township Public Library - Earth Day Eggulents

Date and Time: Saturday, April 8 1:00 pm - 3:00 pm

Address: Victoria Harbour Branch - 145 Albert St. Victoria Harbour

Create a life-like succulent from a recycled egg carton, and a pot to plant it in from a recycled plastic bottle. This is a two-day activity to allow paint to dry, and is suitable for **ages 10 and up, adults too!**

Please register by calling your branch or emailing library@tay.ca.

Victoria Harbour Branch

Part One | Saturday | April 8th | 1-3 p.m.

Part Two | Saturday | April 22nd | 1-3 p.m.

Tuesday, April 11, 2023

Free Exercise Program 55+

Date and Time: Tuesday, April 11 9:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strength, balance, endurance, flexibility and mobility

WHERE: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

WHEN: Tuesday's and Thursday's @9:30am

WHO: Adults 55+

COST: FREE!

Please bring:

✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle

✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Tay Township Public Library - EarlyON Storytime

Date and Time: Tuesday, April 11 10:30 am - 11:00 am

Address: Victoria Harbour Branch - 145 Albert St. Victoria Harbour

Join library staff for books and songs. This program runs Tuesdays at 10:30 am during EarlyON's Stay, Play and Learn. F

or ages 0-6.

Pre-registration required through the EarlyON Simcoe North website.

<https://www.earlyonsimcoenorth.ca/>

Tay Township Public Library - Port McNicoll Game Night

Date and Time: Tuesday, April 11 5:30 pm - 7:00 pm

Address: J & M Young Library Port McNicoll Branch 715 4th Ave, Port McNicoll

Join us for Game Night in the Port McNicoll Branch on Tuesdays with video games, board games and (weather Permitting) even some outdoor play! Great for all ages.

Wednesday, April 12, 2023

Senior's Day

Date and Time: Wednesday, April 12 10:00 am - 2:00 pm

Address: Best Western Mariposa, 400 Memorial Ave., Orillia

ATTENTION ALL SEENAGERS!

THE ANNUAL SENIORS DAY IS BACK

**Hosted by MP Adam Chambers
and MPP Jill Dunlop**

Guest Speaker
MPP Raymond Cho

April 12, 2023 • 10 am - 2 pm
Best Western Mariposa, 400 Memorial Ave., Orillia



Enjoy an interactive day of guest speakers, vendors and a free lunch!
NO REGISTRATION REQUIRED

MPP Jill Dunlop and MP Adam Chambers are thrilled to announce the return of their Annual Senior's Day.

This year, the event will take place on Wednesday April 12th from 10:00am – 2:00pm at the Best Western Plus Mariposa Inn & Conference Centre.

This interactive day will be filled with over 30 vendors from all over Simcoe North, guest speakers and a complimentary lunch.

Thursday, April 13, 2023

Free Exercise Program 55+

Date and Time: Thursday, April 13 9:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strength, balance, endurance, flexibility and mobility

WHERE: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

WHEN: Tuesday's and Thursday's @9:30am

WHO: Adults 55+

COST: FREE!

Please bring:

✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle

✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Free Exercise Program 55+

Date and Time: Thursday, April 13 10:00 am - 11:00 am

Address: 290 Park St Victoria Harbour ON

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strength, balance, endurance, flexibility and mobility

WHERE: Oakwood Community Centre, 290 Park St Victoria Harbour

WHEN: Thursday's @10:00am, starting September 22nd

WHO: Adults 55+

COST: FREE!

Please bring:

- ✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle
- ✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Tay Township Public Library - Waubauskene Game Night

Date and Time: Thursday, April 13 5:30 pm - 7:00 pm

Address: Waubauskene Branch - 17 Thiffault St. Waubauskene

Join us for Game Night in the Waubauskene Branch every Thursday for video games, board games and (weather Permitting) even some outdoor play!

Great for all ages.

Sunday, April 16, 2023

Pancake Breakfast

Date and Time: Sunday, April 16 9:00 am - 12:00 pm

Address: Victoria Harbour Legion (134 William Street, Victoria Harbour)

Pancake Breakfast or French Toast with Bacon or Sausage, Juice, Tea or Coffee

Cost: Adults \$8 and children \$5

Everyone welcome!





Tuesday, April 18, 2023

Free Exercise Program 55+

Date and Time: Tuesday, April 18 9:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strength, balance, endurance, flexibility and mobility

WHERE: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

WHEN: Tuesday's and Thursday's @9:30am

WHO: Adults 55+

COST: FREE!

Please bring:

✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle

✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Tay Township Public Library - EarlyON Storytime

Date and Time: Tuesday, April 18 10:30 am - 11:00 am

Address: Victoria Harbour Branch - 145 Albert St. Victoria Harbour

Join library staff for books and songs. This program runs Tuesdays at 10:30 am during EarlyON's Stay, Play and Learn. F

or ages 0-6.

Pre-registration required through the EarlyON Simcoe North website.

<https://www.earlyonsimcoenorth.ca/>

Tay Township Public Library - Port McNicoll Game Night

Date and Time: Tuesday, April 18 5:30 pm - 7:00 pm

Address: J & M Young Library Port McNicoll Branch 715 4th Ave, Port McNicoll

Join us for Game Night in the Port McNicoll Branch on Tuesdays with video games, board games and (weather Permitting) even some outdoor play! Great for all ages.

Wednesday, April 19, 2023

Tay Township Community Clean-up

Date and Time: Wednesday, April 19 4:30 pm - 5:30 pm

Address: 450 Park Street, Victoria Harbour (Outside Municipal Office)



Join #TeamTay Council and Staff on:

Date: Wednesday April 19

Time: 4:30pm to 5:30pm

Location: Outside the Municipal Office at 450 Park Street, Victoria Harbour

Gloves and bags will be provided, pick-up locations will be around the Municipal Office building, along Park Street to Oakwood Community Centre.

Safety Tips:

- Please do not go outside to clean in inclement weather such as thunder/lightning, high winds etc.
- Please stay off private property.
- Please avoid potential dangers such as railway tracks, rivers, river banks and road ways.
- Please do not pick up dangerous objects such as broken glass, needles, sharp objects or dead animals. If you come across any of these items please leave them where you found them and email recreation@tay.ca with their location so they can be disposed of safely.
- All children participating under the age of 12 should be supervised by an adult.
- Ensure you wear gloves while picking up waste.
- Avoiding touching your face at all times.
- When you are finished cleaning, dispose of your gloves in the garbage bag provided and immediately wash or sanitize your hands. It would be a good idea to bring hand sanitizer with you and then wash your hands when you return home.

The Difference Sex and Gender Make in Our Health

Date and Time: Wednesday, April 19 7:30 pm - 9:00 pm

Address: Midland Cultural Centre - Rotary Hall 333 King St. Midland, ON L4R 3M7

OUR health

The Difference Sex and Gender Make in Our Health

Speakers:
Anne Ducas, MD FRCS, Vascular Surgeon,
Royal Victoria Regional Health Centre
Sandra Easson-Bruno, Director,
North Simcoe Muskoka Specialized Geriatric Services
Monica Menecola, Regional Integration Lead
at Osteoporosis Canada for the Ontario Osteoporosis Strategy
Keith Rose, MD FRCP, Moderator

Our Sponsors
Georgian Bay General Hospital, The Centre for Psychology & Emotion Regulation, Audia Hearing Aid Centre, MINK, Georgian North, Waypoint

Wednesday April 19, 2023 at 7:30
In Person
Midland Cultural Centre
(Free with Registration)
ROGERS tv Channels 10, 53, 65
Online: rogerstv.com/midland

Thursday, April 20, 2023

Free Exercise Program 55+

Date and Time: Thursday, April 20 9:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strength, balance, endurance, flexibility and mobility

WHERE: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

WHEN: Tuesday's and Thursday's @9:30am

WHO: Adults 55+

COST: FREE!

Please bring:

✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle

✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Free Exercise Program 55+

Date and Time: Thursday, April 20 10:00 am - 11:00 am

Address: 290 Park St Victoria Harbour ON

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strength, balance, endurance, flexibility and mobility

WHERE: Oakwood Community Centre, 290 Park St Victoria Harbour

WHEN: Thursday's @10:00am, starting September 22nd

WHO: Adults 55+

COST: FREE!

Please bring:

✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle

✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Tay Township Public Library - Waubaushene Game Night

Date and Time: Thursday, April 20 5:30 pm - 7:00 pm

Address: Waubaushene Branch - 17 Thiffault St. Waubaushene

Join us for Game Night in the Waubaushene Branch every Thursday for video games, board games and (weather Permitting) even some outdoor play!

Great for all ages.

Friday, April 21, 2023

Creative Communities Culture Conference

Date and Time: Friday, April 21 9:00 am - 4:00 pm

Address: Midland Cultural Centre - Rotary Hall 333 King St. Midland, ON L4R 3M7

Creative Communities Culture 2023 Conference

“Re-Energizing Our Cultural Communities”

Learn more here:

<https://link.edgepilot.com/s/f69a5350/S1vvXgqNS0a1jh1bIy2Cww?u=http://www.culturealliance.ca/conference>

Tickets can be purchased via Eventbrite:

<https://www.eventbrite.ca/e/creative-communities-culture-conference-2023-tickets-504805335347>



April 21, 2023
9:00 AM to 4:00 PM

Midland Cultural Centre





KIM CLARKE



JORDAN HERALD



TED WILLIAMS



TERRY O'REILLY



ALEX MUSTAKAS



FAITH ROEBUCK-SHERGOLD



ELEANOR COOK



JENNIFER WITHROW

Price: \$59 + tax/fees per person
includes all content, lunch and refreshments

RE-ENERGIZING OUR CULTURAL COMMUNITIES

RE-ENERGIZING OUR BRAND
RE-ENERGIZING OUR AUDIENCES
RE-ENERGIZING OUR VOLUNTEERS
RE-ENERGIZING OUR CULTURAL COMMUNITIES



KASANDRA JAMES



DAN MATHIESON



CARA EATON



JOËLLE ROY

PURCHASE TICKETS NOW AT:

WWW.CULTUREALLIANCE.CA/CONFERENCE

Saturday, April 22, 2023

Spring Clean Up

Date and Time: Saturday, April 22 10:00 am - 1:00 pm

Address: Oakwood Community Centre (290 Park Street, Victoria Harbour)



SPRING CLEAN UP

Saturday April 22, 2023

between 10am - 1pm

Pick up garbage bags (provided by township) and gloves at The Oakwood Community Centre parking lot that day or call and we can arrange drop off ahead of clean up date, pick a location/street/area and clean. Once you are done or the bag is full let Alison (416-562-7424) know and pick up will be organized. If you notice anything dangerous (broken glass, needles, sharp objects, dead animals etc) please DO NOT touch, notify recreation@tay.ca and they will dispose of safely.

Arranged by Alison Wilding, Sales
Representative
RE/MAX Realty Services Inc
office 905-456-1000
direct 705-506-1554
cell 416-562-7424



NOT INTENDED TO SOLICIT CLIENTS UNDER CONTRACT

RE/MAX
REALTY SERVICES
INC., BROKERAGE

INDEPENDENTLY OWNED AND OPERATED

Earth Day Community Clean Up

Date and Time: Saturday, April 22 1:00 pm - 3:00 pm

Address: Port McNicoll

EARTH DAY

SATURDAY , APRIL 22, 2023

1:00 PM

PORT MCNICOLL PAY IT FORWARD

WANTS TO INVITE YOU TO OUR ANNUAL

"EARTH DAY COMMUNITY CLEAN UP"

Clean up kits available
@ Port McNicoll
Barbershop

Drinks and munchies for
helpers!



Link to more info and updates: <https://www.facebook.com/portcitizenscommittee/>

Talpines Tay - Community Garden Waubaushene Event

Date and Time: Saturday, April 22 1:00 pm - 2:00 pm

Address: Pine Street Veteran's Park Community Garden in Waubaushene

Join us Saturday, April 22nd starting at 1pm at the Pine Street Veteran's Park Community Garden in Waubaushene:

Turning over the soil in the garden with shovels and discussing what to plant where.

Snacks will be available.

Tay Township Public Library - Earth Day Eggulents

Date and Time: Saturday, April 22 1:00 pm - 3:00 pm

Address: Victoria Harbour Branch - 145 Albert St. Victoria Harbour

Create a life-like succulent from a recycled egg carton, and a pot to plant it in from a recycled plastic bottle. This is a two day activity to allow paint to dry, and is suitable for **ages 10 and up, adults too!**

Please register by calling your branch or emailing library@tay.ca.

Victoria Harbour Branch

Part One | Saturday | April 8th | 1-3 p.m.

Part Two | Saturday | April 22nd | 1-3 p.m.

Sunday, April 23, 2023

Talpines Litter Day

Date and Time: Sunday, April 23 9:00 am - 2:00 pm

Address: Waubaushene and the TransCanada Tay Trail

Talpines LITTER DAY –
Waubaushene and the
TransCanada Tay Trail

WHEN: Sunday, April 23, 2023

Bags handed out between 9 AM – 2 PM

RAIN DATE: Sunday, April 30

HOW:

1. Pick up 2 litter/recycle bags
at 22 Old Cottage Lane, Waubaushene



Wear work gloves — Wear a mask to protect from pollutants

2. Pick up litter and recyclables
on your favourite section
of trail or road in Waubesa

3. Drop off bags before 5:00 PM please:

- parking lot at Bridgeview Park
- Pine Street Beach pier
- entrance to the trail at Albin Road Loop

*** Students can earn SERVICE HOURS ***

For more info: <http://ontario.ca/actonlitter>

Visit us at: <https://www.talpines.ca/>



<http://ontario.ca/actonlitter>

<https://www.talpines.ca/>

Tuesday, April 25, 2023

Free Exercise Program 55+

Date and Time: Tuesday, April 25 9:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strength, balance, endurance, flexibility and mobility

WHERE: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

WHEN: Tuesday's and Thursday's @9:30am

WHO: Adults 55+

COST: FREE!

Please bring:

✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle

✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Seniors Talk

Date and Time: Tuesday, April 25 2:00 pm - 4:00 pm

Address: Port McNicoll Community Centre - 560 Seventh Ave, Port McNicoll ON L0K1R0



Tay Township Seniors Advisory
Committee Presents:

Seniors Talk

Wills and Estate Planning for Seniors

Presented by Jennifer
Goldsmith, BA, JD



**Port McNicoll Community
Centre (560 Seventh Ave,
Port McNicoll)
Tuesday, April 25, 2023
@ 2:00 p.m.**

**Light refreshments will be
provided**

Transportation is available. Please contact
Lacey McKay at 705-534-7248 x229 or
lmckay@tay.ca by Friday, April 21st at 4pm.

ABOUT THE SPEAKER:

Jennifer Goldsmith is an Associate Lawyer at Ferguson Deacon Taws LLP. Jennifer obtained her Juris Doctor from the University of Ottawa and joined the team at Ferguson Deacon Taws in 2017. Jennifer's work consists of real estate transactions, estate planning and estate administration. Prior to being Called to the Bar, Jennifer worked as a financial advisor with CIBC primarily dealing with mortgages, lending and investments. Jennifer was born and raised in Orillia, but now resides in Midland with her teenage son.

Tay Township Seniors Advisory Committee Presents:

Seniors Talk

Topic: Wills and Estate Planning for Seniors

Presented by Jennifer Goldsmith, BA, JD

Light refreshments will be provided

If you require transportation please contact Lacey McKay at lmckay@tay.ca or (705) 534-7248 X 229 by April 21st at 4 pm

Tay Township Public Library - Port McNicoll Game Night

Date and Time: Tuesday, April 25 5:30 pm - 7:00 pm

Address: J & M Young Library Port McNicoll Branch 715 4th Ave, Port McNicoll

Join us for Game Night in the Port McNicoll Branch on Tuesdays with video games, board games and (weather Permitting) even some outdoor play! Great for all ages.

Thursday, April 27, 2023

Free Exercise Program 55+

Date and Time: Thursday, April 27 9:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strength, balance, endurance, flexibility and mobility

WHERE: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

WHEN: Tuesday's and Thursday's @9:30am

WHO: Adults 55+

COST: FREE!

Please bring:

- ✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle
- ✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Free Exercise Program 55+

Date and Time: Thursday, April 27 10:00 am - 11:00 am

Address: 290 Park St Victoria Harbour ON

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

WHAT: 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strength, balance, endurance, flexibility and mobility

WHERE: Oakwood Community Centre, 290 Park St Victoria Harbour

WHEN: Thursday's @10:00am, starting September 22nd

WHO: Adults 55+

COST: FREE!

Please bring:

- ✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle
- ✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

Tay Township Public Library - Waubaushene Game Night

Date and Time: Thursday, April 27 5:30 pm - 7:00 pm

Address: Waubaushene Branch - 17 Thiffault St. Waubaushene

Join us for Game Night in the Waubaushene Branch every Thursday for video games, board games and (weather Permitting) even some outdoor play!

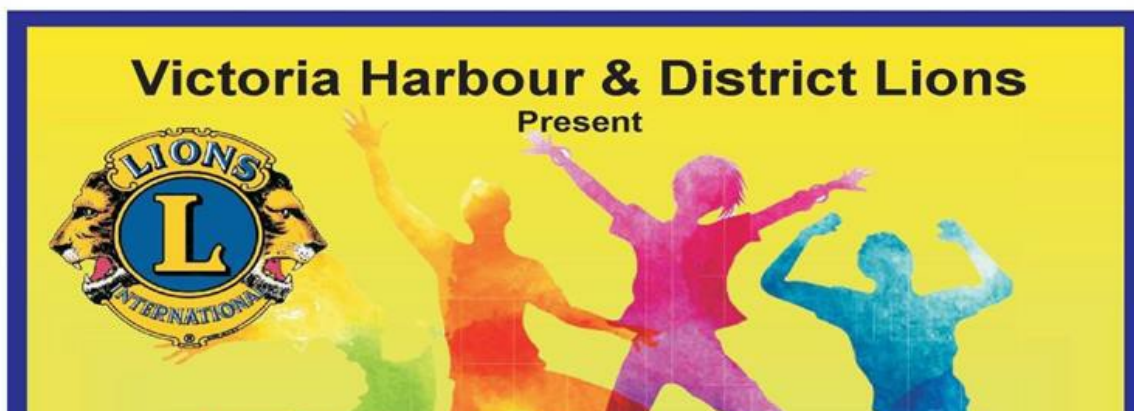
Great for all ages.

Saturday, April 29, 2023

Spring Fling

Date and Time: Saturday, April 29 8:00 pm - 11:55 pm

Address: Oakwood Community Centre (290 Park Street, Victoria Harbour)



spring fling

Saturday 29th April 2023

**Oakwood Community Centre
290 Park Street, Victoria Harbour**

Dance to the fabulous sounds of



Dylan Lock

Doors open at 8:00

**COST: \$25.00 advance purchase or
\$30.00 at the door**

includes a late Buffet

Get your tickets from Palace Pizza, VH Legion, Shannon's Kitchen, any Lion's member or contact Dennis at 705-209-0848 or restec606@rogers.com

Victoria Harbour & District Lions Present

Spring Fling

Saturday, April 29th, 2023

Dance to the fabulous sounds of Dylan Lock

Doors open at 8pm

Cost: \$25 advance purchase or \$30 at the door

Includes a late night buffet

Get your tickets from Palace Pizza, VH Legion, Shannon's Kitchen, any Lion's members or contact Dennis

<https://events.tay.ca>