

## Thursday, March 2, 2023

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### Free Exercise Program 55+

Date and Time: Thursday, March 2 09:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

**WHAT:** 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strength, balance, endurance, flexibility and mobility

**WHERE:** Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

**WHEN:** Tuesday's and Thursday's @9:30am

**WHO:** Adults 55+

**COST:** FREE!

Please bring:

✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle

✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

### Free Exercise Program 55+

Date and Time: Thursday, March 2 10:00 am - 11:00 am

Address: 290 Park St Victoria Harbour ON

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

**WHAT:** 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strength, balance, endurance, flexibility and mobility

**WHERE:** Oakwood Community Centre, 290 Park St Victoria Harbour

**WHEN:** Thursday's @10:00am, starting September 22nd

**WHO:** Adults 55+

**COST:** FREE!

Please bring:

✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle

✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

## **Saturday, March 4, 2023**

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### **COVID-19 GO-VAXX Bus**

Date and Time: Saturday, March 4 11:00 am - 5:00 pm

Address: Tay Community Rink, 560 Calvert St., Port McNicoll

Hop on the Go-VAXX bus for your COVID-19 vaccine. Available vaccines 1st and 2nd doses for all ages 5-11 (Pfizer)

Bivalent Boosters for ages 5+. Appointments & Walk-ins Welcome

## **Tuesday, March 7, 2023**

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### **Free Exercise Program 55+**

Date and Time: Tuesday, March 7 09:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

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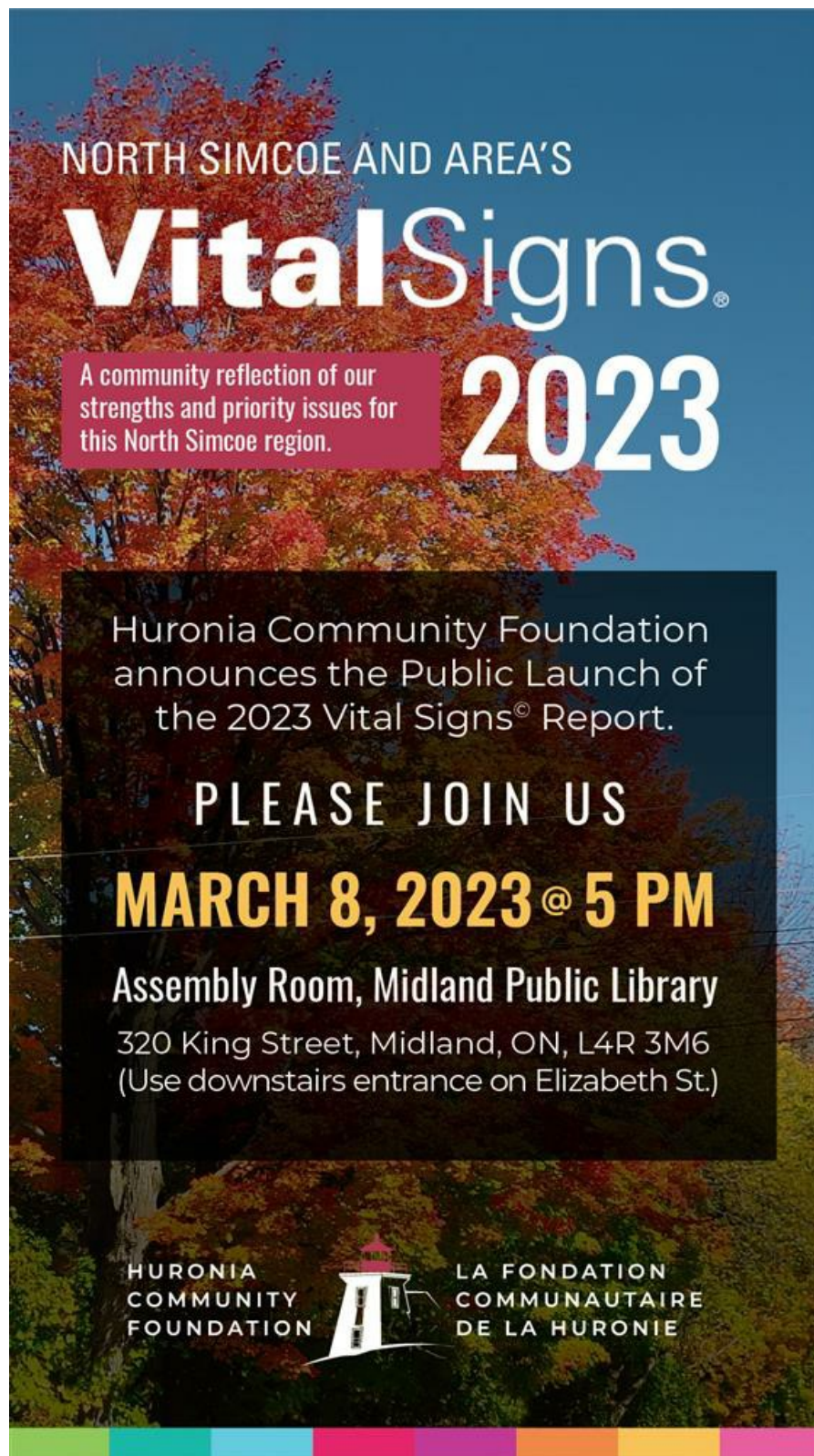
✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

## Launch of North Simcoe & area, Vital Signs report

Date and Time: Wednesday, March 8 05:00 pm

Address: 320 King St. Midland



NORTH SIMCOE AND AREA'S

# Vital Signs®

A community reflection of our strengths and priority issues for this North Simcoe region.

# 2023


Huronian Community Foundation announces the Public Launch of the 2023 Vital Signs® Report.

**PLEASE JOIN US**

**MARCH 8, 2023 @ 5 PM**

**Assembly Room, Midland Public Library**  
320 King Street, Midland, ON, L4R 3M6  
(Use downstairs entrance on Elizabeth St.)

HURONIA  
COMMUNITY  
FOUNDATION



LA FONDATION  
COMMUNAUTAIRE  
DE LA HURONIE

## Free Exercise Program 55+

Date and Time: Thursday, March 9 09:30 am - 10:30 am

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## Free Exercise Program 55+

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## **Saturday, March 11, 2023**

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### **Women Only ... But Men Can Come Too! Noel's Nest Country Bed and Breakfast Inc.**

Date and Time: Saturday, March 11 06:00 pm - 9:00 pm

Address: Port McNicoll Community Centre - 558-560 7th Ave, Port McNicoll

Hello, my name is J. Nichole Noel, the owner of Noel's Nest Country Bed and Breakfast. We are located in the proud Township of Tay. I am also a singer, author and professional children's storyteller. Since I moved to Simcoe County my personal motto has been to "UNITE THE WORLD ONE COMMUNITY AT A TIME". I am requesting your support for this initiative by sponsoring or attending the production of Women Only ... But Men Can Come Too!

Please don't let the name surprise you. If anything, it will give men an insight into the hearts and minds of the International Woman.

The evening is set to explore challenges women face socially, mentally, physically, sexually and spiritually while on their quest for love, INSPIRATION, acceptance, revenge and identity.

You will be treated to Dr. Jamie Karagianis, Psychiatrist, performing a song, Special guests: Nicole Kraftscik, Executive Director of the Georgian Bay General Hospital (GBGH) Diane H. Aiken, RP. Motivational coach Dionne Thomson, Monica Marquis-Interactive Qigong demo, Spoken Word & Sax with J. Nichole Noel & Brian Q. along with singers Georgia Bravakis & Michelle C. Guy and more.

Please bring your dancing shoes for some interactive dancing and belly dancing with Cairo's Jewels Belly Dance company.

## **Sunday, March 12, 2023**

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### **Victoria Harbour Legion Pancake Breakfast**

Date and Time: Sunday, March 12 09:00 am - 12:00 pm

Address: 134 William Street, Victoria Harbour

Everyone Welcome! Pancakes or French Toast, with bacon or sausage, juice, tea and coffee

Adults only \$8.00. Children \$5.00.

## **Tuesday, March 14, 2023**

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### **Free Exercise Program 55+**



Date and Time: Tuesday, March 14 09:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

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To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

## March Break with Tay Township Public Library

Date and Time: Tuesday, March 14 10:30 am

Address: All three Branches of Tay Township Public Library

Registration is open for all our March Break Programs. Check out all the details below, please click the file to view the calendar for the week.

**Storytime during EarlyON** in Victoria Harbour: <https://libraryaware.com/2QPWW5> Register here: [www.earlyonsimcoenorth.ca](http://www.earlyonsimcoenorth.ca)

**Beary Good Story time** Ages 0-6: <https://libraryaware.com/2QW1ZJ> - email [library@tay.ca](mailto:library@tay.ca) to register.

**No Snakes in the Library Craft** ages 3+: <https://libraryaware.com/2QW1ZM> - email [library@tay.ca](mailto:library@tay.ca) to register.

Port McNicoll and Waubauskene **Game Nights:** This is a regular weekly program, but we're expecting a big crowd, so save your spot by registering for March Break. Email [library@tay.ca](mailto:library@tay.ca) to register.

**Nerf the Library-** two age groups, and two sessions, in Port McNicoll. More details and registration can be found here:

<https://forms.office.com/r/jNgMVCtJnG>

**Pajama Storytime Live!** every Wednesday at 6:30 pm - <https://fb.me/e/5ivYIA7HN>

**Sweet Water Harvest Festival** on Sunday March 19th: Visit our booth for a book sale and make a button! <https://www.wyemmarsh.com/sweetwater>

Port McNicoll 705-534-3511

Victoria Harbour 705-534-3581  
Waubushene 705-538-1122

## Tay Township Public Library - Digital Device Coaching for Seniors with Gateway Learning

Date and Time: Tuesday, March 14 01:00 pm - 3:00 pm

Address: All three Branches of Tay Township Public Library

Join Jennifer from Gateway Centre for Learning for one on one device coaching. Learn how to use your device and ask questions. Please bring your device(s), the power cords for each device, a USB cable if you want to transfer things from one device to another and your usernames and passwords.

Registration required, this is not a drop-in program.

To register for a session please contact Jennifer Ellis. (705)-209-5699 | [ed@gatewaycentreforlearning.ca](mailto:ed@gatewaycentreforlearning.ca)

Waubushene Branch – Tuesday afternoons January – March 2023

Port McNicoll Branch - Wednesday afternoons January – March 2023

Victoria Harbour Branch - Thursday afternoons January – March 2023

## Wednesday, March 15, 2023

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### March Break with Tay Township Public Library

Date and Time: Wednesday, March 15 10:30 am

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**Sweet Water Harvest Festival** on Sunday March 19th: Visit our booth for a book sale and make a button!  
<https://www.wyemarth.com/sweetwater>

Port McNicoll 705-534-3511

Victoria Harbour 705-534-3581  
Waubauskene 705-538-1122

## Tay Township Public Library - Digital Device Coaching for Seniors with Gateway Learning

Date and Time: Wednesday, March 15 01:00 pm - 3:00 pm

Address: All three Branches of Tay Township Public Library

Join Jennifer from Gateway Centre for Learning for one on one device coaching. Learn how to use your device and ask questions. Please bring your device(s), the power cords for each device, a USB cable if you want to transfer things from one device to another and your usernames and passwords.

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Waubauskene Branch – Tuesday afternoons January – March 2023

Port McNicoll Branch - Wednesday afternoons January – March 2023

Victoria Harbour Branch - Thursday afternoons January – March 2023

## Royal Canadian Legion Skate

Date and Time: Wednesday, March 15 02:40 pm - 5:00 pm

Address: Tay Community Rink 560 Calvert Street, Port McNicoll

WEDNESDAY, MARCH 15TH, 2023  
2:40PM-5:00PM  
ROYAL CANADIAN LEGION SKATE



### ROYAL CANADIAN LEGION BRANCHES

316 WAUBAUSHENE  
523 VICTORIA HARBOUR  
545 PORT MCNICOLL



INVITE YOU TO THE TAY COMMUNITY RINK IN  
PORT MCNICOLL FOR

SKATING

HOT DOGS AND HOT CHOCOLATE  
WE LOOK FORWARD TO SEEING YOU!



TAY COMMUNITY RINK 560 CALVERT STREET



# Thursday, March 16, 2023

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## Free Exercise Program 55+

Date and Time: Thursday, March 16 09:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

**WHAT:** 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strength, balance, endurance, flexibility and mobility

**WHERE:** Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

**WHEN:** Tuesday's and Thursday's @9:30am

**WHO:** Adults 55+

**COST:** FREE!

Please bring:

✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle

✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

## Free Exercise Program 55+

Date and Time: Thursday, March 16 10:00 am - 11:00 am

Address: 290 Park St Victoria Harbour ON

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

**WHAT:** 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strength, balance, endurance, flexibility and mobility

**WHERE:** Oakwood Community Centre, 290 Park St Victoria Harbour

**WHEN:** Thursday's @10:00am, starting September 22nd

**WHO:** Adults 55+

**COST:** FREE!

Please bring:

✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle

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To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

## March Break with Tay Township Public Library

Date and Time: Thursday, March 16 10:30 am

Address: All three Branches of Tay Township Public Library

Registration is open for all our March Break Programs. Check out all the details below, please click the file to view the calendar for the week.

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Port McNicoll 705-534-3511

Victoria Harbour 705-534-3581

Waubashene 705-538-1122

## Tay Township Public Library - Digital Device Coaching for Seniors with Gateway Learning

Date and Time: Thursday, March 16 01:00 pm - 3:00 pm

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Waubashene Branch – Tuesday afternoons January – March 2023

Port McNicoll Branch - Wednesday afternoons January – March 2023

## Friday, March 17, 2023

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### March Break with Tay Township Public Library

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Address: All three Branches of Tay Township Public Library

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Port McNicoll 705-534-3511

Victoria Harbour 705-534-3581

Waubashene 705-538-1122

## Saturday, March 18, 2023

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### Here we "Grow" again!

Date and Time: Saturday, March 18 11:00 am - 1:00 pm

Address: Tay Library - Waubashene Branch (17 Thiffault St. Waubashene, ON L0K 2C0)

**Here we "GROW" again!**

# The Waubaushene Community Garden and Tay Library welcome you to join us at our first annual Spring Seed Swap!

- Swap your seeds with other gardening enthusiasts, or check some out from the Tay Seed Library
- Make your own seed packets using recycled materials
- Ask questions or share your gardening tips and tricks
- Learn more about how to get involved with the Community Garden and upcoming events!

*March 18th, 2023 @ 11am*  
*Tay Library - Waubaushene Branch*

**Everyone is welcome!**



## **Tuesday, March 21, 2023**

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### **Free Exercise Program 55+**

Date and Time: Tuesday, March 21 09:30 am - 10:30 am

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To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

## **Tay Township Public Library - EarlyON Storytime**

Date and Time: Tuesday, March 21 10:30 am - 11:00 am

Address: Victoria Harbour Branch - 145 Albert St. Victoria Harbour

Join library staff for books and songs. This program runs Tuesdays at 10:30 am during EarlyON's Stay, Play and Learn. For ages 0-6.

Pre-registration required through the EarlyON Simcoe North website.

<https://www.earlyonsimcoenorth.ca/>

## **Tay Township Public Library - Digital Device Coaching for Seniors with Gateway Learning**

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Port McNicoll Branch - Wednesday afternoons January – March 2023

Victoria Harbour Branch - Thursday afternoons January – March 2023

## **Tay Township Public Library - Port McNicoll Game Night**

Date and Time: Tuesday, March 21 05:30 pm - 7:00 pm

Address: J & M Young Library Port McNicoll Branch 715 4th Ave, Port McNicoll

Join us for Game Night in the Port McNicoll Branch on Tuesdays with video games, board games and (weather Permitting) even some outdoor play! Great for all ages.

## **Wednesday, March 22, 2023**

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## **Tay Township Public Library - Digital Device Coaching for Seniors with Gateway Learning**

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Waubauskene Branch – Tuesday afternoons January – March 2023

Port McNicoll Branch - Wednesday afternoons January – March 2023

Victoria Harbour Branch - Thursday afternoons January – March 2023

## **Tay Township Public Library - Waubauskene Game Night**

Date and Time: Thursday, March 23 05:30 pm - 7:00 pm

Address: Waubauskene Branch - 17 Thiffault St. Waubauskene

Join us for Game Night in the Waubauskene Branch every Thursday for video games, board games and (weather Permitting) even some outdoor play!

Great for all ages.

## **Friday, March 24, 2023**

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### **Victoria Harbour Legion Fish Fry**

Date and Time: Friday, March 24 04:00 pm - 7:00 pm

Address: 134 William Street, Victoria Harbour

Everyone Welcome!

Only \$15 per plate with french fries. \$20 for two pieces of fish with french fries.

## Tuesday, March 28, 2023

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### Free Exercise Program 55+

Date and Time: Tuesday, March 28 09:30 am - 10:30 am

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### Tay Township Public Library - EarlyON Storytime

Date and Time: Tuesday, March 28 10:30 am - 11:00 am

Address: Victoria Harbour Branch - 145 Albert St. Victoria Harbour

Join library staff for books and songs. This program runs Tuesdays at 10:30 am during EarlyON's Stay, Play and Learn. For ages 0-6.

Pre-registration required through the EarlyON Simcoe North website.

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### Tay Township Public Library - Digital Device Coaching for Seniors with Gateway Learning

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Waubashene Branch – Tuesday afternoons January – March 2023

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Join us for Game Night in the Port McNicoll Branch on Tuesdays with video games, board games and (weather Permitting) even some outdoor play! Great for all ages.

## **Wednesday, March 29, 2023**

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### **Tay Township Public Library - Digital Device Coaching for Seniors with Gateway Learning**

Date and Time: Wednesday, March 29 01:00 pm - 3:00 pm

Address: All three Branches of Tay Township Public Library

Join Jennifer from Gateway Centre for Learning for one on one device coaching. Learn how to use your device and ask questions. Please bring your device(s), the power cords for each device, a USB cable if you want to transfer things from one device to another and your usernames and passwords.

Registration required, this is not a drop-in program.

To register for a session please contact Jennifer Ellis. (705)-209-5699 | [ed@gatewaycentreforlearning.ca](mailto:ed@gatewaycentreforlearning.ca)

Waubashene Branch – Tuesday afternoons January – March 2023

Port McNicoll Branch - Wednesday afternoons January – March 2023

Victoria Harbour Branch - Thursday afternoons January – March 2023

## **Thursday, March 30, 2023**

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### **Free Exercise Program 55+**

Date and Time: Thursday, March 30 09:30 am - 10:30 am

Address: Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

**WHAT:** 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strength, balance, endurance, flexibility and mobility

**WHERE:** Port McNicoll Community Centre (558-560 7th Ave, Port McNicoll ON)

**WHEN:** Tuesday's and Thursday's @9:30am

**WHO:** Adults 55+

**COST:** FREE!

Please bring:

✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle

✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

## Free Exercise Program 55+

Date and Time: Thursday, March 30 10:00 am - 11:00 am

Address: 290 Park St Victoria Harbour ON

VON Simcoe County Invites you to join the SMART Program (Seniors Maintaining Active Roles Together)®

**WHAT:** 45 minute low impact gentle exercise program specifically designed for adults 55+ to help build muscle strength, balance, endurance, flexibility and mobility

**WHERE:** Oakwood Community Centre, 290 Park St Victoria Harbour

**WHEN:** Thursday's @10:00am, starting September 22nd

**WHO:** Adults 55+

**COST:** FREE!

Please bring:

✓ Good, supportive shoes to wear (running shoes preferred) ✓ Water bottle

✓ Exercise band (also available to purchase on site)

To register please contact the Georgian Bay SMART office at 705-355-2200 or walk-ins welcome!

## Tay Township Public Library - Digital Device Coaching for Seniors with Gateway Learning

Date and Time: Thursday, March 30 01:00 pm - 3:00 pm

Address: All three Branches of Tay Township Public Library



Join Jennifer from Gateway Centre for Learning for one on one device coaching. Learn how to use your device and ask questions. Please bring your device(s), the power cords for each device, a USB cable if you want to transfer things from one device to another and your usernames and passwords.

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Waubashene Branch – Tuesday afternoons January – March 2023

Port McNicoll Branch - Wednesday afternoons January – March 2023

Victoria Harbour Branch - Thursday afternoons January – March 2023

## **Tay Township Public Library - Waubashene Game Night**

Date and Time: Thursday, March 30 05:30 pm - 7:00 pm

Address: Waubashene Branch - 17 Thiffault St. Waubashene

Join us for Game Night in the Waubashene Branch every Thursday for video games, board games and (weather Permitting) even some outdoor play!

Great for all ages.

<https://events.tay.ca>