

# February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 9:30 Free Exercise Program 55+ 10:00 Free Exercise Program 55+	3 5:30 Marsh by Moonlight: Snowshoe Series	4 5:30 Marsh by Moonlight: Snowshoe Series
5	6	7 9:30 Free Exercise Program 55+	8	9 9:30 Free Exercise Program 55+ 10:00 Free Exercise Program 55+	10	11
12	13	14 9:30 Free Exercise Program 55+	15	16 9:30 Free Exercise Program 55+ 10:00 Free Exercise Program 55+ 7:30 Our Health - "Caution: Negative News and Our Health"	17	18
19 12:00 Free Family Day Skate Presented by the Port McNicoll Youth Activity Group	20 1:20 Free Family Skate - Compliments of MPP Jill Dunlop	21 9:30 Free Exercise Program 55+	22	23 9:30 Free Exercise Program 55+ 10:00 Free Exercise Program 55+	24	25 10:00 Hearts for Holly Craft and Vendor Show
26	27	28 9:30 Free Exercise Program 55+				